



Darcie Cutland

ADDICTIONS CLINICIAN

DAPAANZ - Clinical Supervisor & AoD Practitioner

PROFILE

With seven years' experience in the addictions field and a strong foundation in trauma-informed practice, I currently serve as Team Lead at a residential treatment service. I bring a mature, strategic lens to leadership, service delivery, and interagency collaboration. Grounded in lived experience and clinical expertise, I am deeply committed to supporting recovery outcomes and creating culturally responsive, high-trust environments for both clients and staff.

EXPERIENCE

Odyssey House, Christchurch: April 2023 - Present

TEAM LEADER - HE KETE ORANGA O TE MANA WHARINE

Provides strategic oversight of daily operations, driving team performance, service delivery, and stakeholder engagement. Experienced in leading teams, facilitating group programs, maintaining interagency partnerships, and delivering high-quality reporting, administration, and decision-making in a complex, outcomes-focused environment.

Higher Ground, Auckland: April 2018 - March 2023

FULL TIME AOD PRACTITIONER

Case manager responsible for 6-7 clients. Facilitated groups & performed 1 on 1 counselling and interventions.

Higher Ground, Auckland: March 2017 - April 2018

SITE LOCUM COVERING STAFF HOLIDAYS & ABSENCE

Looking after caseloads for clinical and community within the therapeutic community as well as all day to day tasks.

INTERN / 2ND & 3RD YEAR PLACEMENT

Working with groups, one-on-one counselling & assessments, supporting clients with various forms of addictions.

Self Employed Hair Stylist

RAN MY OWN BUSINESS

Hair Styling was my passion & chosen career for 30 years. I ran a successful business in this field before getting my addictions degree.

EDUCATION

July 2015 - June 2016

Addictions Studies

WELLINGTON INSTITUTE OF TECHNOLOGY

Certificate level 5 awarded for Peer

Support in Addictions.

July 2016 - November 2018

Bachelors Addiction Studies

WELLINGTON INSTITUTE OF TECHNOLOGY

Completed Degree in Bachelors of

Addictions.

PERSONAL SKILLS

COMMUNICATION

COMPASSION

TIME MANAGEMENT

SELF-MOTIVATION

LEADERSHIP

PASSIONATE

PRO SKILLS

EMPATHETIC

TEAM PLAYER

CREATIVE

INSPIRATIONAL

GOOD LISTENER

DRIVEN

ACHIEVEMENTS

Certificates:

Professional Supervision (DAPAANZ Accredited)

Criminal Psychology

Addiction & Trauma

CBT Trained

Te Reo Maori Levels 1 & 2

Clinical Trauma - Level 2 Pro

Janiana Fisher Trauma Informed Care - level 1 & 2